

# Tailem Bend Primary School

## Newsletter

Tuesday 1st August 2023

Issue 11

Dear Parents/Caregivers/Community Members,

### Welcome to our first newsletter for term 3!

I trust that everyone has had a relaxing break and is energised for what is going to be a huge term full of exciting learning opportunities for everyone.

**NAPLAN** results have recently arrived at the school and a copy of the results will be sent home over the next few days to all students in Years 3 and 5.

As a staff, we have already begun looking at the results and in particular, focussing our attention on individual student growth and identifying and planning for areas for improvement. This analysis allows us to plan ahead, and continue our work on improving across all areas of literacy and numeracy.

When looking at whole school data, the area that we focus on in particular is the growth rates from Year 3-5. That is how our students have developed over the two-year period. Upper Growth is stated as – “students that progress between tests is high compared with students of similar ability”.

At a quick glance it is pleasing to see:

- Reading growth rates from Year 3 to 5 in the middle and upper levels were **85%** (with 37% of students demonstrating upper growth – 25% national average)
- Numeracy growth rates from Year 3 to 5 in the middle and upper levels were **76%**.(with 37% of students demonstrating upper growth – 25% national average)
- Year 3 whole school writing proficiency level of **strong**
- Year 5 whole school reading proficiency level of **strong**
- Year 5 whole school writing proficiency level of **strong**

It is important to note that NAPLAN is not the only test that we rely on for student information; it merely gives a snapshot of your child’s progress.

If you have any questions or concerns in relation to your child’s report, please do not hesitate to make an appointment to see your child’s teacher(s) and/or myself.

### Donation to Liam

Last Friday we had the pleasure of presenting Liam and his family with a generous donation from our school and other community businesses and organisations as he continues his battle with cancer. We presented a total of \$3000, a tremendous community effort so far!!

- **\$1776** (Fundraising event on last day) - Well done to all involved!!
- **\$500** (Knights of the Southern Cross)
- **\$100** (Tailem Bend Blue Light)
- **\$474** (Tailem Bend PS staff & Social committee)
- **\$150** (Gift vouchers from Ampol - Tasco)

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### Diary Dates

**8th August**  
District Athletics Day - Unity

**9th August**  
Little Eagles, 9 - 10am  
Governing Council, 5.30pm

**17th August**  
Blue Light Monarto Safari  
Park Camp, Yr 6s

**18th August**  
V8 Excursion, The Bend

**23rd August**  
Little Eagles, 9-10am

**4th September**  
School Closure, Royal Show

**5th September**  
Student Free Day

## Japanese Exchange Student Visit

Yesterday we had a group of students from Funabashi High School in Japan make a special visit to our school as a part of their stay with Murray Bridge High School. The students in our year 1 class had a great time learning about Japanese culture. This is the 14<sup>th</sup> year of a very special partnership between Tailem Bend Primary School, Funabashi High School and Murray Bridge High School. We are looking forward to hosting them again next year!



## Staffing update

At the end of last term we sadly farewelled **Ms Fiona Cockburn** as she embarks on a new life adventure. We thank Fiona for her amazing contributions to our school community over a number of years. As one door closes, a new door opens, and we are excited to welcome new SSO **Miss Melodee Barton-Ancliffe** who will be joining our Junior Primary team supporting both in classroom and individual students.

We are also excited to welcome **Mrs Andrea Hughes** to our teaching team, working in our Year 4/5 class on Thursdays and Fridays for the remainder of 2023. While **Mrs Kylie Collins** has reduced her teaching load due to family commitments, she will continue to teach German on Wednesdays.

## SRC Induction

Congratulations to the students from each class who were inducted as SRC class representatives at a special assembly last week!



Have a great week!  
Travis

## Wellbeing news - Children and Anxiety

As we begin the second half of the year, I would like to address an extremely important topic that may affect your children - anxiety or becoming anxious. It is important to recognise and let our children know that anxiety is a normal part of life. Our goal is to help our students develop healthy coping strategies in order for students to have their own ways of dealing with anxiety in situations they may face currently and later in life. By fostering a supportive environment, we can empower students to manage their anxiety effectively.

### Understanding Anxiety in Children

Anxiety is a natural response to stress or challenges and children may experience it for various reasons from starting a new school year, taking tests, or facing unfamiliar situations. While it's a common emotion, some children may find it more challenging to manage than others, which can impact their overall well-being and academic performance.

Recognising signs of anxiety is vital to support our students. It is important to keep an eye on the following indicators:

#### Physical Symptoms:

- Headaches or stomach aches without any underlying medical cause
- Restlessness or fidgeting
- Difficulty sleeping or frequent nightmares

#### Emotional Symptoms:

- Excessive worry or fear over everyday situations
- Tearfulness or irritability without apparent reason
- Avoidance of certain activities or places

#### Behavioural Changes:

- Withdrawal from social interactions or activities
- Decline in academic performance
- Trouble concentrating or making decisions



### Helping Our Students Cope

As parents and educators, we can work together to provide the necessary support to help our students manage anxiety effectively. Some strategies that we can be using for maximum effectiveness are briefly explained.

#### Encourage Open Communication

Create an atmosphere where children feel comfortable sharing their feelings. Let them know that it's okay to talk about and express their feelings and concerns at any given time

**Teach Relaxation Techniques:** Practise deep breathing exercises, guided imagery, or simple mindfulness techniques to help children relax when they feel overwhelmed.

**Validate Feelings:** Acknowledge their emotions and provide reassurance. Let them know that it's normal to feel anxious at times, and it's okay to ask for help.

**Establish Routines:** Consistent routines can provide a sense of stability and security for anxious children.

**Gradual Exposure:** Gradually introduce children to anxiety-triggering situations, helping them build confidence in managing their fears.

**Set Realistic Goals:** Break tasks into smaller, achievable steps, celebrating their progress along the way.

**Seek Professional Help if Needed:** If anxiety significantly impacts a child's daily life, seeking guidance from a mental health professional may be beneficial.

**Daniel Bartlett**  
*Wellbeing Leader*



# Tailem Bend Primary School Newsletter

## Book Week Parade



Theme : Read Grow Inspire! (FYI only)

When : Week 7 - Wednesday 6th September



Time : 9.15am

Where : School Gym



It's our TBPS time of the year again when we CELEBRATE LITERACY!

Let's dress up! and have some laughs!

Family door prize. Ticket per family. Hope to see you all there!

## **Week 1 Class Award**

### Year 5/6 Mrs Schubert

#### **Braydey**

For teaching and learning: For demonstrating excellent leadership skills and being a great role model for others in Literacy Group sessions

### Year 2/3 Mrs Schutz

#### **Freddie**

For amazing adding coins together to make a set amount in Numeracy and for remaining focused and on task to complete his open-ended questions

### Year 4/5 Mrs Richter & Mrs Hughes

#### **Ruby Rose**

For having a super positive beginning to school here at TBPS and displaying BUCKETFULS of kindness!

### Year 1/2 Miss Trembath

#### **Iliyas**

For using his initiative in class and completing his homework every night this week. Keep it up Iliyas!

### Year 3/4 Miss Reeves

#### **Mason**

Teaching & Learning: For concentrating during lessons, participating in group discussions and working cooperatively with others on partner tasks

### Year 1 Mrs Kluske & Mrs Bruce

#### **Lexi**

For displaying a confident attitude during phonics lessons, well done Lexi!

### Reception Mrs Paech

#### **Parker**

For a great first week back at school, showing resilience and persistence

## **Murray Bridge Blue Light event news:**

**"Orange Disco"** Thursday 26th October 5-7pm @ The Station Youth Centre

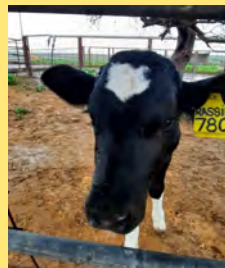
Movie "The Never Ending Story" Thursday 23rd November. Doors open at 4pm, movie

4.30 - 6.30pm

# CHEESE PLEASE EXCURSION



On Monday the 3rd of July, 2023, The Rainbow Class went on an excursion. We were fortunate enough to visit Mr. and Mrs. Mason's dairy farm. Followed by a look through the Meningie Cheese Factory Museum, lunch at the Lion's park in Meningie and then a walk through the Pangarinda Botanical Gardens at Wellington East.



During our visit we learnt about how the dairy works, went for a ride on the rotary dairy and played with the calves. Mr. and Mrs. Mason looked after us and taught us lots of new things.





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At the Meningie Cheese Factory Museum we were kindly shown around by some volunteers. Each group got to see a whole range of interesting objects from the past. We saw cars, tractors, laundry items, bullets, communication tools and parts of the machinery used to make cheese.



We finished off our excursion by walking through the Pangarinda Botanical Gardens. Here we saw lots of different Australian native plants. Although the weather was cold, we had an awesome day learning and discovering.

*This excursion was in conjunction with our class learning about how cheese is made.*



## Book Club Catalogue - Out Now!

### Library News

Hopefully you have seen our latest catalogue which we sent home last week. Please return all orders by 11<sup>th</sup> August 2023. Online orders are still open.





PLANNED ABSENCE NOTIFICATION TO TALEM BEND PRIMARY SCHOOL

STUDENT NAME:- \_\_\_\_\_ YEAR LEVEL:- \_\_\_\_\_

TEACHER NAME:- \_\_\_\_\_

The above named student will be absent from school on:

\_\_\_\_\_ (please list date/s)

Reason:- \_\_\_\_\_

Signed:- \_\_\_\_\_ (Parent/Caregiver)

Please send this notification in with your child to give to their classroom teacher  
Please also note that extended leave needs approval by the Principal Travis Schenke with an exemption form

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