Dear parents, caregivers and community members,

At a recent assembly, we introduced our House Captains for 2019 and presented them with their badges. I congratulate all students and wish them well with this important leadership role.

**Koalas Captains for 2019 are:**
Will Blucher, Jack Stewart, Xavier Colmer and Steph Brumfield

**Wombats Captains for 2019 are:**
Katrice Russell, Ashley Cooper, Paul Agalidis and Deakin Gower

**Kangaroos Captains for 2019 are:**
Jacobi Downs, Ryan Simcock, Hemi Cheso and Kylan Krueger-Gould

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**Diary Dates**

**PUBLIC HOLIDAY**
Monday 11th March

**STUDENT FREE DAY**
Tuesday 12th March

**SCHOOL PHOTOS**
Wednesday 13th March

**SPORTS DAY**
Wednesday 20th March

**LAST DAY TERM 1**
(2:10pm dismissal)
Friday 12th April
Dingoes Captains for 2019 are:  
Nash Attrill, Solly Bell, Jackson Kowald and Allurra-Jade Woolger (absent)

House Captains have already started preparing for Sports Day which is fast approaching!!

Sports Day is locked in for Wednesday 20\textsuperscript{th} of March (Week 8).

More information about Sports Day will be sent home to all families later this week.

Other important dates for this term are:

- Monday 11\textsuperscript{th} of March – Public Holiday
- Tuesday 12\textsuperscript{th} of March – Student Free Day
- Wednesday 13\textsuperscript{th} of March – School Photos
- Wednesday 20\textsuperscript{th} of March – Sports Day

Have a great week!

Travis

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**Student Well-being**

**Be a role model for screen use**

Excessive screen time can have a significant impact on how your child performs at school because it can affect:

- sleep
- behaviour
- academic progress
- mental health

and more.

**The Australian Department of Health recommends school-aged children spend less than two hours per day on screens.**

Parents who are strict on their children’s use of screens but continue to constantly use screens themselves are not effective role models.

It’s one thing to battle with children about reducing screen time but what you do as an alternative to screen times, such as reading and actually talking to each other, sends a very strong message to your children.

When your child sees you occupying yourselves with these kinds of constructive and reaffirming activities, other than reaching for your phone, they’re likely to be positively influenced.

It’s not a guarantee, of course – nothing in parenting is – but it sure does help send a great message to your children.

**A reminder for those who wish to volunteer**

Volunteers are required to be inducted every year before they can commence their much-valued work with us. Please see the staff at the front office to make an appointment.

**National Day of Action against Bullying**

Friday 15\textsuperscript{th} March

Please see attached our Anti-bullying and Anti-harassment Policy. As a school we work hard throughout the year making sure that everyone feels safe and re-enforcing the message “Everyone belongs”.

Bullying. No way! Take action every day

Attached at the back of the newsletter is the Anti-bullying policy.

Regards,

Marie Flavel
Student Well-being Leader
School Photos

Please do not forget to return all school photo envelopes even if you are not ordering any. School photo day is Wednesday 13th March. **If all envelopes are returned before the day it would make the process of photo day run a lot more smoothly.** Don’t forget you can order online via the “Shookey” which makes ordering and paying for your child/rens school photos extremely easy. If you have any questions please call the front office.

Pastoral Care

Hello everyone,

We are already in Week 6! It is amazing how quickly we are progressing into 2019.

It is good to be back and welcome both familiar and new faces around the school.

It has been a pleasure to be a part of the Tailem Bend Primary School over the last year through successes and difficult moments as well.

I am looking forward to more adventures and creating memories, while continuing to support students in a caring, respectful manner. I also praise and celebrate the school community and staff for all their hard work throughout the year!

I am available on Tuesdays and Wednesdays. If you would like to contact me, or leave a message with the front office and I will call you back.

Stay cool and best wishes for a wonderful year!

Noah Raj

Health Support

Notes were sent home during the summer holidays to see if your child has an Asthma Care Plan that needs updating or medication that needs replacing.

Health Support Plans and Medication Plans need to be updated every year and medication kept at school needs to be current.

In order to give your child the best care, we would appreciate it if you could provide the requested plans or medication as soon as possible.

If we have advised you that your child’s asthma medication has expired and needs replacing, please send a replacement as soon as possible.

**We are not able to administer expired medication to your child.**

Please see front office staff if you have any queries or your child’s health care needs have changed.

Administration

Tomorrow your child will be sent home with information packs in relation to a mobile dentist service that will be coming to Tailem Bend Primary School in the near future.

To register, simply complete the enclosed forms once you have completed the forms please return them to school. The school will then work with the Mobile Dental Care SA team to organise the dates for the dental checks/treatments to be undertaken.

Please see enclosed a brochure on information that will be included in the pack that will be sent home tomorrow.
ROTARY CLUB OF TAILEM BEND
MUSIC HALL VARIETY SHOW 2019

MUSICIANS WANTED

Tailem Bend Music Hall is in its 38th year and we are looking for interested people to help with the production of the show.

We are looking for some musicians, particularly:
- Keyboard/piano player (all sheet music and keyboard supplied)
- Lead guitarist
- Rhythm guitarist

If there is anyone interested that plays these instruments or another instrument such as Violin or Saxophone please contact us.

The show consists of a variety of songs that are put on by different directors.

If you think you’d like to have a go at
- Lighting
- Sound
- Microphones
- Backstage

We also require assistance in those areas.

Rehearsals start from May every Tuesday night at 7pm
Show dates are 4th, 9th and 10th of August

Your assistance would be gratefully appreciated
For all enquiries
Please contact
Sandy on 0419856744

TRIAL GAME
MARCH 16 vs Penola, at Tailem Bend
Game times TBC

LUNCH
Available from football BBQ area;
steak sandwiches & sausages

DINNER
Beef Snitty OR marinated chicken steak burgers
For the kids: Nuggets & chips

PLUS! Screening on the oval from 8:30pm:
DADDY’S HOME 2
Snacks and movie treats also available;
popcorn, coffee & hot donuts!
A snapshot of some of the activities and tasks that have been happening in Mrs Harvie’s year 2/3, 4/5, 5/6 and 6/7 classes.

The 5/6 class have been learning about the features of plants and animals that help them to adapt to their environments. In one experiment they created models of mangrove trees and their different root systems and discovered how their adaptations stood up under different conditions such as rain, tidal movements and wind. In another experiment student used a variety of tools such as pliers, straws, and scissors to replicate the types of beaks that birds have and then tested their effectiveness.
The 2/3 class have been looking at different types of plants and their leaves and have learnt how they can be classified. They collected different types of leaves, did some leaf rubbings and described them.

The 6/7 class have been learning about how scientists classify all living things and have created a Dichotomous Key that demonstrates the process scientists go through when classifying a newly discovered plant or animal.

The 4/5 class have been studying the Daintree Rainforest and the different plants and animals and how they rely on each other to survive. They have focused on the cassowary and completed a diagram of a life cycle.
PHOTOS COMING SOON

School Photos will be taken at our school on Wednesday 13th March

We are proud that the country’s leading school photographer, MSP Photography will be taking our school photos.

Parents can send the money to the school in the envelope supplied however On-Line Ordering, where parents are able to select their preferred package online makes it much easier for our parent community and online ordering also closes after photo day to allow extra time to make your purchase (check online close date on printed envelope for actual online close date).

In 2019 the range of options available to you online has increased. As well as the option to download a Low Resolution image for a smart-phone, parents will have the option to purchase a High Resolution Digital Download of their child’s image and Family/Sibling packages will also be able to be ordered online!

An added incentive for our families is that MSP now offers a 10% discount for all family orders above $90.00 a family. To take advantage of this offer when ordering online, orders need to be processed as one payment or if enclosing cash in the supplied envelopes simply apply the 10% discount manually and enclose the correct money minus your discount.
What is the CDBS?

The Child Dental Benefits Schedule (CDBS) is a dental benefits program for eligible children aged 2-17 years that provides up to $1,000 in benefits to the child for basic dental services over a 2 year period.

Services that receive a benefit under the program include examinations, X-rays, teeth cleaning, fissure sealing, fillings, root canals and extractions. Many of these services have claiming restrictions.

Benefits are not available for orthodontic or cosmetic dental work and can’t be paid for any services provided in a hospital.

How Do I Register My Child/Children For The Program?

To register, simply complete the following enclosed forms:
1. ‘Patient Details & Medical History’ form
2. ‘Patient Information & Consent’ form
3. ‘CDBS Consent’ form

Once completed, place the above forms in the envelope they came in and then return to your child’s school/site prior to the deadline.

The school/site will then work with the Mobile Dental Care SA team to organise the dates for the dental checks/treatment to be undertaken.

Did you know... 1 in 10 hospital admissions that are preventable are linked to dental issues

PO Box 366
North Adelaide SA 5006
P: 08 8311 8074
E: mobiledentalcare-SA@gmail.com

www.mobiledentalsa.com.au
**Definition of Bullying**
Bullying is a deliberate desire or action which is intended to threaten, hurt or embarrass someone. Bullying may be physical verbal or indirect/relational and conducted by a more powerful individual or group.

**Definition of Harassment**
Harassment is any behaviour that is uninvited, unwelcome and unwanted that can cause another person to feel hurt or uncomfortable.

**Definition of a bystander**
A bystander is someone who sees the bullying or knows that it is happening to someone else. Bystanders can be identified in the following categories:

- **Supporters**—Support the person bullying, either by helping the child to bully the other person or by encouraging the person bullying
- **Spectators**—Gather or deliberately stay to watch the incident (sometimes from concern and sometimes for enjoyment)
- **Witnesses**—Are aware that the incident is occurring (know about the bullying or see it from a distance)

**Adult Bullying**
Tailem Bend Primary School does not tolerate abuse/bullying/harassment of:

<table>
<thead>
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<th>parents and parents</th>
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<th>staff and parents</th>
<th>staff and staff</th>
<th>parents and students</th>
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**Examples of Bullying**

<table>
<thead>
<tr>
<th>Category</th>
<th>Examples</th>
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<tbody>
<tr>
<td>Physical</td>
<td>• Hitting, slapping, punching</td>
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<tr>
<td></td>
<td>• Kicking</td>
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<tr>
<td></td>
<td>• Pushing, strangling</td>
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<tr>
<td></td>
<td>• Spitting, biting</td>
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<td></td>
<td>• Pinching, scratching</td>
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<td></td>
<td>• Throwing objects</td>
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<td></td>
<td>• Getting another person to harm someone</td>
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<tr>
<td>Non-Physical</td>
<td>• Mean or hurtful name calling</td>
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<td></td>
<td>• Hurtful teasing</td>
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<tr>
<td></td>
<td>• Demanding money or possessions</td>
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<tr>
<td></td>
<td>• Forcing others to commit offences such as stealing</td>
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<tr>
<td>Non-Verbal</td>
<td>• Threatening or obscene gestures</td>
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<td></td>
<td>• Deliberate exclusion from a group or activity</td>
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<td></td>
<td>• Removing and hiding and/or damaging others’ belongings</td>
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<tr>
<td>Cyber</td>
<td>• Mean or hurtful emails, text messages, multi-media messages, chatroom conversations</td>
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<tr>
<td>Racial/Religious/Sexual/Disability</td>
<td>• Inappropriate touching and/or actions</td>
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<tr>
<td></td>
<td>• Inappropriate suggestions, conversations and/or comments.</td>
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</tbody>
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What can you do?

(If you are being bullied or you see someone being bullied)

- Tell the student who is bullying to stop. State quite clearly that the behaviour is unwanted
- Ignore them and walk away
- Be a friend to the person being bullied
- Encourage the person being bullied to tell someone
- Seek help. Talk about it to someone you trust
- Report it to a member of staff, a trustworthy friend or buddy. Feel confident that it can be solved.
- Talk it over openly with your parents—they can help you make a decision
- DO NOT retaliate with physical or verbal abuse
- If you are experiencing bullying on the way to or from school, tell your teacher and your parents.
- Write it down and put it in the “Counsellor’s Box” in the front office.

How can you help?

As parents you can:

- Be aware of signs of distress in your child.
- Assist your child to discuss the problem with a teacher.
- Discourage any planned retaliation, either physical or verbal, by discussing positive strategies they can use.
- Be positive about your child’s qualities and encourage your child to be tolerant and caring.

As staff we will:

- Adopt positive classroom management strategies incorporate anti-bullying messages in the curriculum throughout the year.
- Provide positive role models for students.
- Actively counteract bullying behaviour.
- Respond appropriately to any reported incident of bullying.
- Be obviously present during recess and lunchtimes when we are on duty, as a deterrent to possible incidents of bullying.

March 2019
Dear Parents and Families

Reading for pleasure unlocks the power of information and imagination and helps children discover who they are. Here are some things you can do to help children develop stronger reading skills and a love for reading:

- Set the example. Let children see you read.
- Have a collection of books in your home. Update this collection routinely to keep up with changing tastes and reading skills.
- Support our school’s Book Fair. Allow your children to choose their own books to read. 91% of children say their favorite books are the ones they have picked for themselves (Australian kids and family reading report 2017).

Our Book Fair is a reading event that brings the books kids want to read right into our school. It’s a wonderful selection of engaging and affordable books for every reading level.

Please make plans to visit our Book Fair and be involved in shaping your child’s reading habits.

Book Fair dates: 8th March to 18th March
Shopping hours: 8.30-4pm daily

We look forward to seeing you and your family at our Book Fair! Remember, all purchases benefit our school.

Sincerely,

Mrs Tomkinson & Mrs Kluske